

Northwest Family Services, Inc.

NFS is one of the major youth and family agencies in Northwest Oklahoma. NFS is incorporated as a non-profit 501©(3) organization. NFS has a Board of Directors who are representative of key institutions and community agencies in the service area.

The agency has developed a professionally and fiscally sound profile in the communities of Alva, Cherokee, Fairview and the surrounding areas.

Northwest Family Services has been providing critical prevention and diversion services since 1977 at no cost to the children and families in Woods and Alfalfa Counties and more recently in Major county.

The staff at NFS completes training and maintains certification in their area of expertise. NFS maintains full certification with Oklahoma Association of Youth Services (OAYS), is nationally accredited through CARF to provide Behavioral Outpatient Services, and is licensed as a Child Placing Agency through the Oklahoma Department of Health to provide shelter services.

Ways To Say "You're Great"

That's the way * Nice going *
Great Job * You're getting there *
You deserve a hug * You're #1 *
You're the best * Good thinking *
You're an angel * Keep it up *
Good for you! * You've got it made *
You're learning fast * Great try *
You're special * You're doing beautifully *
Way to go * You remembered *
Outstanding! * Much better *
Thanks for helping * You have got it down pat *
Congratulations! * Marvelous *
Super * What a great idea *
Hurray for you! * Exceptional *
Looking Good * I'm impressed *
You must have practiced *
You've done fine * I love you *
Superb work * Thanks a million *
You're delightful * You did it *



Northwest FAMILY SERVICES

Helping Hands Across Northwest Oklahoma

For More information
Contact Us at:

Northwest Family Services
620 Flynn St.
Alva, OK 73717

Woods & Alfalfa County
Phone (580) 327-2900
Fax (580) 327-1337

Major County
(580) 744-1248

visit our website at
northwestfamily.net

e-mail questions to
info@nfsok.org

Individual & Family Counseling Behavioral Health Outpatient Program

Provides services to youth, their family members and/or significant others who have are experiencing mental or behavioral health needs. Through a team approach, the goal of the BHOP and its services is to improve the quality of life and functional ability of the persons served within a framework of cultural competence and relevance. All BHOP services are provided by licensed and/or credentialed personnel who maintain high levels of professional competency within the established and accepted standards of practice in the field. Referrals are made for individuals whose needs are beyond the scope of services provided by NFS. This program serves youth ages of 7-17 at the time of admission and/or for adults who have children and/or are the primary caregivers of children. In addition, through the Victims of Crime Act Grant, we can now serve any youth or adult who is or has been a victim of a crime.

Community Resource Program

Community Resource Coordinator (CRC) works closely with school counselors and community members to identify youth under the age of 18 years old who are runaway, homeless or at risk/unhealthy family situations. The CRC then works directly with these youth to assess and further develop coping skills through the provisions of resource information, one-on-one planning sessions and group classes.

TSET Healthy Living Program

The TSET Healthy Living Program is a community-based grant which promotes healthy living throughout our communities. The program works to prevent and reduce tobacco use, increase physical activity, and improve nutrition. Our goal is to create and support an environment where the healthy choice is the easy choice and healthy options are available and accessible. We work with cit-ies, businesses, schools, community organizations and institutions to help meet these goals.

Positive Turning Points

First Time Offender Program

12 hour curriculum-based program for adolescents, preteens, and their parents. Referrals are received for this program from the Juvenile Services Unit, District Attorney's Office, school or family members. Curriculum covers:

- Program Philosophy and Adolescent Development
- Communication
- Emotional regulation
- Smart choices
- Values and cultural awareness

Foster Care Program

This private contract with Circle of Care and OKDHS gives NFS the opportunity to recruits, certify, train and supervise local foster families who provide care to children in state custody. While working closely with DHS, our workers provide an extra layer of support to the foster families, children and bio-families until permanency can be achieved.

Emergency Host Home Care

Temporary shelter for children ages 0-17 years who's family has experienced an exceptional incident or traumatic event which prohibits the safe return of a child to his or her own home. Overnight services are provided in NFS certified Host homes located in the community.

Foster Parent Support Group

Monthly support/training group for all Kinship/Host/Traditional/Adoptive families in the area. Giving these amazing families a safe place to support each other while completing required continuing education.

Parents As Teachers

In- home parenting program that teaches positive skills and connects families with resources that help reduce the risk of child abuse and neglect. Serving expectant parents and parents of children age birth to 5 years of age.

Parenting Through Separation & Divorce

Court mandated 3-hour program for divorcing parents. This program focuses on understanding and meeting the child's needs throughout this difficult transition, including emotional stages, appropriate responses, pain games, communication, problem solving, and future resources.

Within My Reach

15 hour group based curriculum designed to help individuals recognize and build healthy, happy relationships. The program helps participants identify the four essential safety factors of a healthy relationship, recognize signs of an unhealthy relationship, and enhance communication skills.